Hands-Bu Cooking Classes For Kids



ICOOK AFTER SCHOOL

Hands-on and Fun

iCook is a really fun, hands-on after-school cooking program for children. Our mission is simple: to help teach children to love everything about food - cooking, eating delicious and healthful dishes, learning about different cultures and stories behind the food.

OUR FALL MENU

Healthy and Delicious Our chefs-in-training will learn how to make delicious and nutritious recipes using fresh and colorful ingredients. We will travel across the globe to learn about the cuisine and traditions of Europe, Asia, Central America, and more! We will learn about fresh herbs and spices and how they enhance the aroma and flavors of our dishes. We will master cooking safety, slicing, dicing, chopping, folding, baking, zesting, mixing, and more!

Lee's Corner Elementary School WHERE:

WHEN: **Every Wednesday** TIME: 3:45 - 4:45 PM

October 2 - November 20 DATES:

GRADES:

PRICE: \$144 for a 8- weeks session (includes supplies

and ingredients for two recipes for each class)

MIN/MAX: Min 7 students

Max 20 students/2 instructors

Registration is open on www.iCookAfterSchool.com **DEADLINE: September 27th**



Please call or email us with any questions (773) 283-7037 or (773) 706-2057 info@iCookAfterSchool.com www.iCookAfterSchool.com









