



After School Enrichment



Winter 2020

MONDAYS

2/3/20- 3/30/20

8 weeks

Cost: PTA Members \$122, Non-PTA \$132

Mindful Fitness

Grades K-5

3:45-4:45 pm

Registration link:

<https://lcmindful2020.Eventbrite.com>

Need a little mindful exercise in your life? Well...move as fast as you can for a class full of fitness, fun and mindfulness! We will not just be running; we will play games, have spirited team challenges and participate in activities to create a mindful state.

THE CLASSES WILL BE HELD ON THE FOLLOWING DAYS:

MONDAYS: February 3, 10 & 24 March 2, 9, 16, 23 & 30

NO CLASS FEBRUARY 17

Registration opens on January 13 and closes on January 21, 2019



www.littlescholarsllc.com